

## **Special Interest Groups 2018 – 2019**

The Special Interest Groups (SIGs) within our organization encompass a wide variety of activities that reflect the diverse interests of our members. These groups give members opportunities to meet during the day or evening for crafts, games, social or out door activities. Any member, upon approval by the Board, may start a SIG of their choosing and interest. An RSVP is required to attend any SIG event.

### **Aerobic Walking**

This SIG will be for aerobic walking in the Portsmouth area. We will start at the Urban Forestry trails in Portsmouth but will also walk in local and state parks and conservation lands. We will build up to two to four miles or more and fit it in to one hour (depending on how we progress). Wear good walking shoes and comfortable clothes to move in (layers work well as the weather cools down). This activity can easily accommodate ten participants. Starts September 18th at 8:00.

### **American Mah Jongg**

American Mah Jongg is played with four players using tiles stamped with Chinese symbols. The goal of the game is to be the first to match one's tiles to a specific hand by picking and discarding, much like in the game of Gin Rummy. Come to learn the game and to play.

### **Art Hopping**

The group enjoys visiting various galleries and exhibits in the Seacoast area and Massachusetts.

### **Book Club, A World of Stories**

This Book Group will focus on books chosen for their emphasis on various world cultures.

### **Brew Pub Pow-wow**

SIG members along with spouses/partners gather at Seacoast micro breweries to enjoy the beer and each others company. Each attendee is responsible for paying for their own food and beverages. Each will be encouraged to recommend breweries.

### **Bunco, Monday Evening**

Bunco is a fast-paced dice game that is easy to learn. Come with \$3 and maybe take home more! New members or subs are always welcome.

### **Canasta**

Play Canasta in a relaxed atmosphere. Bring a bag lunch. Snacks and beverages are provided.

### **Cribbage**

A card game of 2-4 players, playing and grouping cards in combinations to gain points. We have all levels of experience and welcome all new players.

### **Cross Country Skiing**

Join us for this healthy winter sport. Anyone can learn the basics. Equipment is inexpensive or can be rented. We usually go to areas with groomed trails, as well as local spots, such as Odiorne Point.

### **Culinary Capers**

We are a group of women who enjoy cooking and/or baking. We like to share our talents with others over a potluck meal. Each month we have a theme and the hostess plans a meal around that theme. We share recipes and stories of the food we prepared.

### **Down Hill Skiing**

If you enjoy downhill skiing join us for midweek excursions to local ski areas. Weather permitting that is!

### **Fabrics and Fibers**

The Fabrics and Fibers SIG is intended for members to gather and to work on personal projects while sharing ideas and techniques. This is a social group with a common thread: our enthusiasm for sewing, knitting, embroidery, crochet or other fiber arts endeavors. From time to time, we may decide, as a group, to work on a common project or to complete some charity project.

### **Film Fans**

We attend independent, foreign and Hollywood movies at area theaters. Sometimes, we follow the film at a local restaurant for coffee.

### **High Tea**

Dust off and bring out Mom's dishes, teacups and teapots. We will share finger sandwiches, scones and sweets with a cup or two of black, green, white or red tea as we enjoy conversation, laughter, and good company. The host determines the date and afternoon meeting time. Limited to 12 or fewer, depending on the host's dining room seating. Hat and white gloves optional. Meeting monthly.

### **Kayaking**

This is for experienced and non-experienced members alike, with or without your own kayak. After gathering information from each member, a schedule of quiet water excursions will be arranged.

**Let's Do Lunch**

Join us for lunch in an area restaurant in the months when there is not a scheduled SNC Luncheon. Order off the menu. Space is limited by the restaurant. RSVP is critical.

**Low Key Bridge**

Open to beginners and experienced players. Room for 12 players each month. Sub list maintained.

**On The Road Again**

On The Road Again is a travel SIG offering overnight and extended stays at a variety of locations. Most trips will leave from Hampton Park and Ride, Portsmouth Park and Ride and York. All trips will have deposit deadlines reserving space. The chair may call and book a block of rooms at favorable rates, requiring participants to call and finalize their plans. Trips may be cancelled if not enough sign up. Travel will be carpool, bus or flights. Day trips will be offered.

**Saturday Dining Out**

Dining out group that meets for dinner on the 1<sup>st</sup> Saturday of the month at 6:00PM. We will experience a different area restaurant each month and mingle with fellow newcomers. Partners welcome.

**Scrabble**

Do you crave a word game every now and then? Come play Scrabble, with both beginners and experienced players. Room for 12 players each month, and a sub list will be maintained. Refreshments served before we begin.

**Stud Club**

This is a friendly, low stakes game for members' spouses (male significant others) who wants to play. BYOB, the host provides snacks. No one goes home broke or rich!

**Travelogue**

Members present and discuss national and international travel trips they have taken. Open to women and men. Meet once a month October through May, except November.

**Walking Exeter**

We meet at the municipal parking lot on Main Street in Exeter. The more who come, the merrier our 3-mile walk.

**Wine Tasting**

Taste and learn about a variety of wines in a social setting. Spouses/partners are invited. No wine knowledge is required. Each month hosts (or with the help of other members) will choose featured wines (5-7 different wines). Hosts provide plates and cutlery, water/ coffee/tea, and attendees bring appetizers or desserts. Cost varies, depending on the wines selected with the average cost between \$12-20 per taster. First come basis.

**Women Talking**

Our informal discussion group covers a wide range of topics – but politics and religion are off limits! This year the theme is Healthy Living. We will discuss aspects of food and health, including sharing potluck dishes at some meetings.